

# The Telegraph

## WORLD CLASS KNEE REPLACEMENT SOLUTIONS AT MOST AFFORDABLE COST

*In discussion with*

### **Dr. Santosh Kumar**

Knee arthritis is major cause of disability in several of us, specially seniors. It causes pain, stiffness, deformity and instability of knee. In advanced knee arthritis **total knee replacement** is the only definitive solution. However knee replacement is a highly **precision based surgery** and the results depend on precision. To achieve this I am using the worlds most advanced **computer assisted system** called **orthopilot** which is the **fourth generation navigation system** for knee replacements. The computer assisted system eliminates any uncertainty and makes things highly predictable. It leads to un-parralleled precision along with being less invasive. We use minimally invasive sub vastus approach for our knee replacement. This leads to accelerated and enhanced recovery with much less post operative pain.

Normally, Patient walks from the very next day and gets discharged the third day. We have done immense research on eliminating post operative pain. Considering the Indian life style of sitting cross legged we have been trying to achieve higher knee bending called high flexion knees. For that we have been using rotating platform low contact stress knees.



### **DR. SANTOSH KUMAR**

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### **Belle Vue Clinic**

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[www.mykneemylife.org](http://www.mykneemylife.org)

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